



Mom asks Tommy and Lionel to bring along some beach toys.

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Everyone helps out by carrying something.



The kids can't wait to play!



Dad has found a nice spot on the sand. He's setting up the beach umbrella.



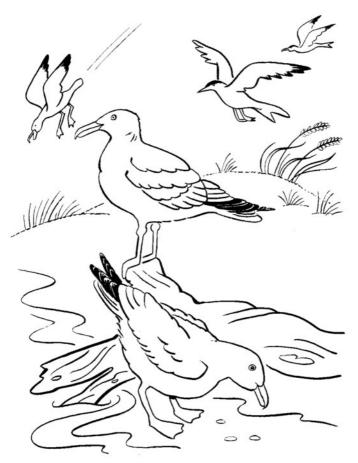
Meg has found some shells at the edge of the water. She puts them in her bucket.



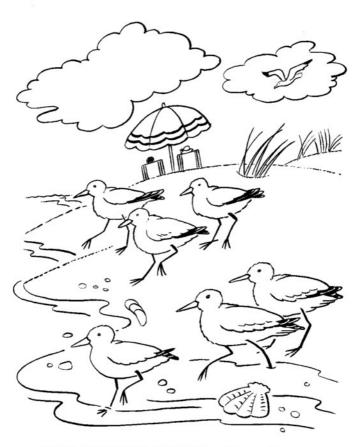
It's fun to build with wet sand. You can make mountains and castles.



You can make new friends at the beach, too!



You might see herring gulls, terns, and other birds at the beach.



These sanderlings chase the water as it comes and goes on the shoreline.



It feels so good to cool off in the water.



This girl enjoys having the waves break over her.



This woman likes to relax on a beach blanket before going into the water.



Tommy and Kim are having fun covering Dad with sand.



Here come the birds! They are always on the lookout for food.



You can buy food at the beach, but it's fun to bring your own picnic lunch in a cooler, too.



It tastes so good to eat ice cream on a hot day.

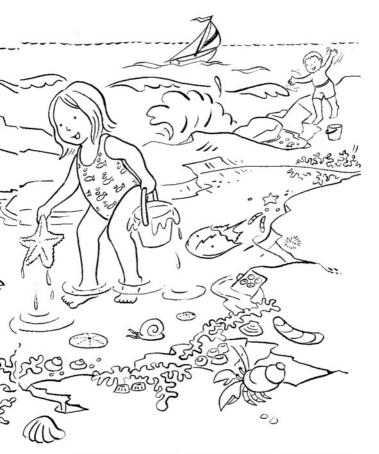
Better eat it before it melts!



If there is enough wind, you can even fly a kite at the beach.



Many different types of animals, such as starfish, sand dollars, and crabs, live at the beach.



Always treat these animals gently, and try not to disturb their living areas.



This brown pelican has caught a fish for its meal.



Here's a special sight at the beach —dolphins leaping in the water!



These people are fishing in a part of the water away from the swimmers.



The dog and its owner are enjoying a run along the sand.



This lifeguard explains to the girl that beach animals must be left where they were found.



It's a good idea to bring a bucket if you want to collect seashells.



The picnic lunch was good, but Lionel is hungry again, and everyone is thirsty.



The sand dunes need to be protected, so people are not allowed to walk on them.



Dad is telling everyone that it's time to go home. They've been at the beach all day.



It's a good idea to wash off the sand before getting into the car. The water in the shower is so cold!



Everyone is a little tired, but happy. This day at the beach has been fun for all.